

# GreenGen

**Empowering Youth for a Sustainable Future**

*Erasmus+ youth exchange*

**Tsaghkadzor, Armenia**

**15-24 April 2024**



Co-funded by  
the European Union



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# Project context

**Environmental issues** have grown in recent years as public awareness and environmental research have advanced. It has started encompassing essential ideas such as “**sustainability**” as well as new emergent concerns. These include ozone depletion, global warming, acid rain, land use, and biogenetic contamination. However, very few people really care and take measures to improve the situation because of **lack of information and awareness**. Therefore, environmental problems and the lack of **eco-conscious youth** thriving for sustainability are the issues to be addressed through this project.

## Objectives

- To ensure a clear understanding of the risks and challenges that the environmental problems are bringing to our communities and the human activities on it.
- To increase the social and ecological responsibility of the participants by giving them practical tools and methods.
- To empower the participants with knowledge , skills and attitude about the zero-waste lifestyle, smart consumption, reuse, and recovery of all products, packaging and materials, teach them how to use these practices in everyday life as well as to popularize it in their communities.
- To exchange the best practices of participating countries about different sustainable ways of solving environmental problems in their localities and in their countries

# Project details

**Venue:** Tsaghkadzor, Armenia

**Dates:** 16-23 April 2024

**Travel days:** 15 and 24 April

**Participants:** 26

**Group leaders:** 6



**Participating countries:** Hungary, Armenia, Italy and Georgia



Erasmus+ is the EU's programme to support education, training, youth and sport in Europe. The 2021-2027 programme places a strong focus on social inclusion, the green and digital transitions, and promoting young people's participation in democratic life.

<https://erasmus-plus.ec.europa.eu/>

Youth exchanges allow groups of young people from different countries to meet, live together and work on shared projects for short periods.

Youth exchanges take place outside the school environment. On a youth exchange, you can expect to participate in activities such as workshops, exercises, debates, role-plays, outdoor activities and more.

<https://erasmus-plus.ec.europa.eu/opportunities/opportunities-for-individuals/youth-exchanges>

**Check the timetable here!**

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# Participants

We are seeking for 6-6 **young people** from Hungary and Armenia and 7-7 young people from Italy and Georgia with the following profile:

- aged between **18-30**;
- **legal citizen** of their country or holds a valid residence permit;
- able to work in **English** (at least B2 level);
- willing to share the new knowledge with their peers once they get back, act as multipliers;
- active learners - available for the whole duration of the training course and ready to share their experience and knowledge;
- tolerant, open-minded and abstains from any exclusionary behavior.

Furthermore, we expect 2-2 **group leaders** from Hungary and Armenia and 1-1 from Italy and Georgia, who are...

- aged above 18, there is no upper age limit;
- have experience in youth work either as a professional or as a volunteer, have previous experience with Erasmus+ youth exchanges;
- **legal citizen** of their country or holds a valid residence permit;
- able to work in English (at least B2 level);
- willing to share the new knowledge gained with their colleagues within the sending organisation;
- are ready to support the learning process of the young participants and support their own workshop and initiatives;
- actively contributes to the visibility of the project and encourages young participants to do the same.

# Project partners

**Coordinator: Youth Bridges Budapest** was founded by three youth workers in Hungary to help young people to deal with challenges of the 21st century, with special regard to social inclusion, digitalisation, educational innovation and sustainability. For this, we organise local and international workshops, youth exchanges and training courses for young people and youth workers.

<https://www.youthbridgesbudapest.org/>



**Host organisation: "Yeghvard" Youth - Ecological NGO** was created in order to address the needs of national youth by providing them an opportunity to combine their efforts and share information about current ecological, social and economical issues in Armenia. With a particular focus on promoting environmental awareness, democratic participation, meaningful youth participation and appreciation, The organisation is committed to spreading ideas and information through young people, with the hope that youth can be empowered to take action locally to improve their communities.

<https://www.facebook.com/YeghvardYouthEcologicalNGO/>

## Partners:



# Armenia & Tsaghkadzor

**Armenia**, officially the Republic of Armenia, is a landlocked country in the Caucasus region. Armenia is a unitary, multi-party, democratic nation-state with an ancient cultural heritage. The first Armenian state of Urartu was established in 860 BC, and in the year 301 became the first state in the world to adopt Christianity as its official religion.



**Yerevan** is the capital and largest city of Armenia, as well as one of the world's oldest continuously inhabited cities. It is a centre of Armenian culture and education with unique architecture, museums and open-air sights.



**Tsaghkadzor** is a spa town and urban municipal community, as well as one of the most popular health resorts in Armenia, located north of the capital. Tsaghkadzor is a truly majestic getaway, where the beauty of Mother Nature appears in all its variety.

**Currency:** Armenian Dram (AMD) 1 € is ~ 436 AMD. Check the prices [here](#). Change money in your home country or in Yerevan city.

**Weather:** because of the location of Tsaghkadzor, expect cold weather, 7-8 °C during the day and around 0 °C at nights.

**Health and safety:** despite of the conflicts with Azerbaijan, Armenia is safe for travellers. The tap water is drinkable.

# Accommodation

The **Alpina Resort** is located in the centre of Tsaghkadzor, which is considered as one of the best holiday destinations of Armenia. The town lies on the Eastern slope of the mountain Teghenis at the height of 1840m. above the sea level. Being situated at a distance of 55 km from Yerevan and just 70 km from the Zvartnotz international airport it is an ideal retreat from which to enjoy the many delights of the area and yet to escape the noise of the city.



The **facilities** of the hotel include free Wifi, lobby bar, billiards room, finn sauna and games.

You will be accommodated in 3-4 bed **rooms** mixed by nations but divided by gender. All rooms has its own bathroom. The training room and the restaurant will be in the same building as the accommodation.



The restaurant offers diverse selection of delicious and organic **food** according to the participants' special dietary needs.

# Travelling

Travel days are: 15 and 24 April. You are allowed to stay 2-3 days more in Armenia before and/or after the youth exchange. Please note that accommodation and food will not be provided for the extra days!

We recommend to use green travel if possible. Please note that only public transportation tickets can be reimbursed - do not use taxi or any other private travelling ways!

Keep every tickets, invoices, receipts, boarding passes - both digital and physical. We need them for the travel costs reimbursement!

## Travel cost limits are:

Hungary - 360 €

Italy - 360 €

Armenia - 23 € (green travel)

Georgia - 210 € (green travel)

In case of flights, we ask you to choose Wizzair from Milan, Italy or Vienna, Austria. From Budapest, LOT is also an acceptable option with a transfer in Warsaw. Please note that only the reasonably cheapest tickets will be reimbursed, considered the price and time spent with travelling.



Get to know more about the public transportation in Yerevan [here!](#)

Local transportation for the travel days and excursion day will be organised by the host organisation. On the arrival day, participants will be transferred to Tsaghkadzor from Yerevan so you are expected to arrive there no later than 15 April 15:00 (GMT+4).





# Contribution

Unlike school education, **non-formal education** requires active participation. There will be less lectures and a lot of games, discussions, group works, project works, role plays etc. Your active and proactive presence is expected not only during the programme but from the preparation and during the follow-up phase too!

Every national team will be responsible for **implementation of 2 days** of the youth exchange. You will be supported in this but it also requires preparation with energizers, plan and facilitate the sessions, take care about the evaluation of the day etc. This will be led by the group leaders but every participants should take part in the work!

In addition, you will be expected...

- Cooperate with your sending organisation and group leader(s), take part in the **preparation** (preparatory meeting, sharing tasks and responsibilities etc.)
- Conduct a **small research** about environmental issues in your country - you will present it on the youth exchange!
- Prepare for the **intercultural evening** - show your culture, traditions, art, gastronomy with games, quizzes, dances, songs, snacks and drinks...
- Take out a **travel insurance** - don't forget, European Health Insurance Card is not valid in Armenia. The coordinators, organisers don't take any financial responsibility for problems arising from lack of insurance.

Furthermore, we encourage you to bring **anything you would like to share** in the topic of the project: best practices, innovative ideas, games, any skills, exercises, energizers you would like to share... but you can bring instruments, movie ideas, leaflets or posters too!

# Application

For the application, fill in our form:

**APPLY HERE**

<https://www.youmore.org/registrazione/>

The final deadline to submit your application is **29 February** but the sooner the better because the selection is continuous.

Please note that according to the rules of the Erasmus+ programme, you are not allowed to arrive later to Armenia than 15th April and leave earlier than 24th April. If you are not 100% sure that you will be available on the project dates, please leave the opportunity to others!

With the application, you will allow us to store and handle your personal data in connection with this project. If you need more information, check our [Privacy Policy](#).

If you have any questions regarding the selection process, you can contact us at [mobility@youthbridgesbudapest.org](mailto:mobility@youthbridgesbudapest.org).

**We are looking forward to see you in Armenia!**

