



Co-funded by  
the European Union

Youth exchange

# VALUE YOUR **VALUES**

Alicante, Spain  
4-10 May 2024


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# Hello there!

## About the exchange

Welcome to the project “Value Your Values”, where 36 youngsters from six different countries will learn together in a seven days-long youth exchange in the beautiful city of Alicante, Spain.

This infopack provides all the necessary information about the project and will be a central piece of it. Read it carefully!



# About the project

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Today we live in more diverse societies than ever. The homogeneous systems that characterized our communities in the past have given way to a multiplicity of cultures, religions, ethnicities, ideologies, socioeconomic origins and sexual orientations. Globalization and improved communications have exposed individuals to a diversity of opinions and perspectives that challenge our conceptions about the world, good and evil, social relationships, and our place in society.

Relationships with different people bring us into contact with different value systems that call into question our conceptions of the world, of good and evil, of social relationships and of our own place in the world. To the extent that different value systems coexist in the same society in situations that are sometimes competitive and other times complementary, the capacity of shared values to create a framework of harmonious and healthy coexistence is reduced and opportunities for conflict multiply.

As the Organization for Security and Cooperation in Europe points out, the loss of shared references often generates feelings of insecurity that can give rise to radical and violent behaviour.

In this context, this project is conceived with the objective of teaching how to navigate the different value systems present in our society. It seeks to give participants the ability to understand the relationships between individual and social values, to build their own healthy and coherent value systems and to relate in a healthy way with people with different beliefs. It arises from the conviction that contact between people with different value systems is an opportunity for personal and social growth and not a threat, and seeks to contribute to its being carried out in a positive way.

The project aims to promote peaceful coexistence and intercultural understanding. By providing young people with tools, attitudes and skills to define their own value systems and interact in a respectful and healthy way with people from different backgrounds, the project seeks to contribute to the creation of a more just, equitable and compassionate society. At the same time, the project will help young people develop interpersonal and socio-emotional skills, such as empathy, tolerance and the ability to listen to and understand the perspectives of others.

# Participant organizations

Country	Organizations	Number of participants
Spain	Creant Europa	6
Italy	Youmore	6
Turkey	Avrupa Entegrasyon Derneği	6
Greece	GO Alive	6
Romania	Tineret pentru Dezvoltare Durabila	6
Lithuania	Average Youth Association	6

## Language used

The activities of the project will have **English** as the main communication language. It is therefore a **participation requisite** to have an English level good enough to be able to follow the activities and actively engage in them.

# Who can participate?

**Young people interested in learning more about systems of values. In order to be eligible for participation, you must:**

- Be at least 18 years old.
- Be a citizen or resident in one of the partner countries (Spain, Italy, Türkiye, Romania, Lithuania, and Greece).
- Have good English skills.
- Be in possession of a European Health Insurance Card or equivalent.

## Costs and reimbursement

Accommodation, food and activities' materials: 100% covered by the Erasmus+ Programme. The travel from your hometown to Alicante and back is covered by the project budget up to a limit. This limit is set by the Erasmus+ Programme rules and calculated using the Erasmus+ Distance Calculator tool. Maximum travel budgets are:

Country	Travel budget (Eur)
Spain	50
Italy	275
Turkey	360
Greece	275
Romania	275
Lithuania	360

These are the maximum amounts the project budget can refund you for your displacements from your hometown to Alicante and back. If you spend more than the maximum budget, we will not be able to refund you the difference. **Please note:**

- **Only the actual costs will be refunded.** The project organizers will refund you no greater amount of money than the one you actually spent on the travels. If there is any margin between the costs of your tickets and the maximum travel budget, it will not be refunded.
- We can only reimburse travel costs for which **original tickets/ invoices/ boarding passes are provided.** We strongly recommend you to keep all the original travel documents with you, since we will not be able to refund them if we do not receive them.
- Only **public transportation** will be refunded. Private cars, taxis and the like will not be refunded.
- **Reimbursement** will be done after the exchange and will be conditioned to the compliance with the Erasmus+ Programme rules. It means that full engagement in the activities of the exchange is a requisite for the reimbursement.
- **Accommodation** in Alicante will be provided by the project organizers from May 3rd. Dinner will also be provided on that day.
- You can stay in Spain for up to two extra days before and after the project. In case you want to visit Spain or if the itinerary suits you better this way, you can come up to two days before the beginning of the exchange and/or stay up to two days after its end. Accommodation and food will not be provided by the project organizers on those days, but travel costs will still be reimbursed.

Don't buy any tickets without receiving a confirmation from us! Send us your planned itinerary to [galvany.creanteuropa@gmail.com](mailto:galvany.creanteuropa@gmail.com) to make sure that everything is alright with it.

# How to reach the venue

As a major city, and a popular touristic destination, **Alicante** is well connected to most airports in Europe. Thus, the best way to go to **Alicante** is usually to find a direct flight to the city.

In case you can't find a suitable flight to Alicante, we recommend flying to either **Valencia** or **Madrid**. Both cities also enjoy great connections with other countries and are well connected with Alicante by train, bus, and roads.

Once in Alicante, you can catch a bus or come by foot to **Avenida de Orihuela 59**, where the hostel is located.

**Remember!** Activities begin on **May 4th at 9:00** and finish on **May 10th at 19:00**. You have to be in Alicante between those two dates. Accommodation and meals will be provided in the Hostel La Florida from May 3rd till May 11th.





# About the venue

The project will be hosted in the **Hostel La Florida**, located in one of the main university areas of Alicante. Its address is **Av. de Orihuela, 59, 03007 Alacant**.



## About Alicante



Alicante is a city located in the Mediterranean coast of Spain. Founded by the Phoenicians over 2,300 years ago, the city has a long history that shapes its culture, traditions, gastronomy, and architecture.

Today, Alicante is renowned for its tourism offer, including long, sandy beaches, its nightlife, its warm weather, and relaxed atmosphere, that make it an attractive destination for travellers from all over the world.

# What to prepare in advance

## Things to keep in mind:

- During the cultural night, each national team will make a brief presentation about their countries. It would be wonderful if you brought some traditional food & drinks to try!
- Though it's not mandatory, we strongly invite you to prepare some energizers!
- Other than that, remember to bring your good mood and enthusiasm!

! Weather in Alicante in May is usually warm, with temperatures around **30°C** during the day, and **20°C** during the night. May is usually a dry month full of sun that can occasionally raise temperatures to up to 40°C. You may want to bring your **swimsuit**!



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**For any inquiries please contact your  
national organization or reach out  
directly to the project coordinator  
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