



PAPHOS, CYPRUS

ACT FOR GOOD

INFO-PACK

APRIL 1 – 10, 2023

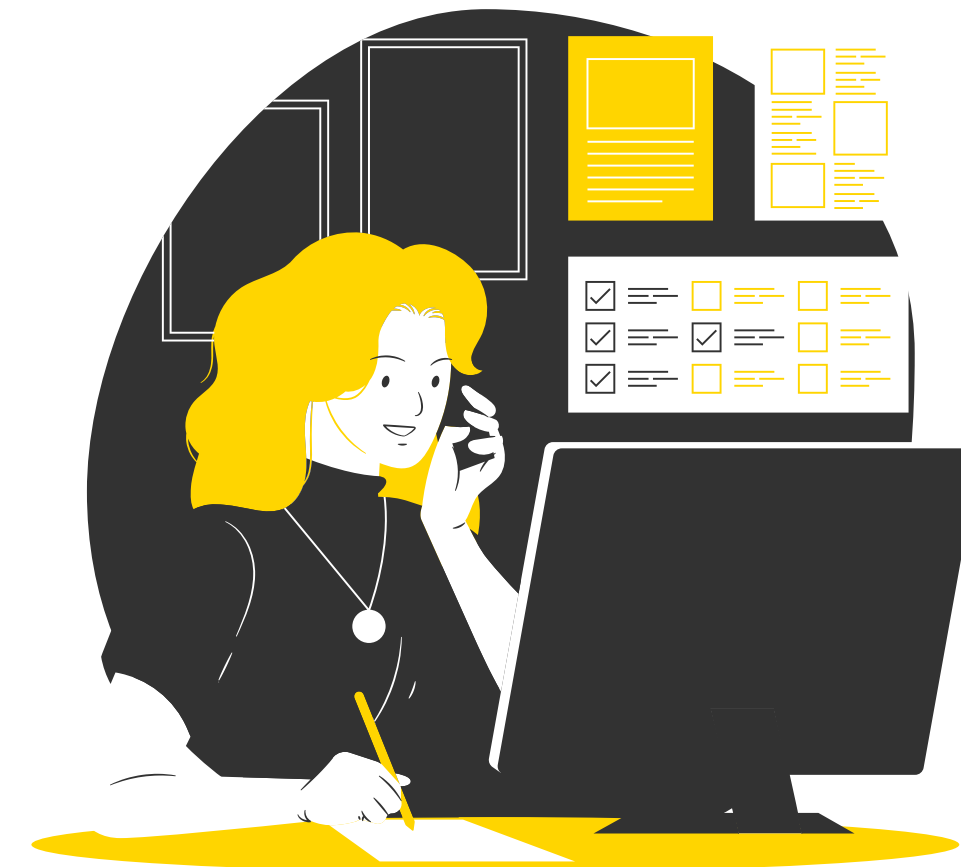
A HUGE WELCOME AND HELLO TO YOU FROM THE PROJECT ORGANIZERS' TEAM!

WE ARE LOOKING FORWARD TO MEETING YOU AND SUPPORTING YOU DURING YOUR STAY HERE IN CYPRUS. WE ARE GOING TO WORK TOGETHER DURING THE NEXT MONTHS, FULL OF NEW EMOTIONS, ACTIVITIES, DISCOVERIES, THOUGHTS AND PEOPLE.

FOR SOME OF YOU IT IS GOING TO BE EVEN A LIFE-CHANGING EXPERIENCE!



STARTING POINT



GEM REPORT 2019/ 20 SHOWS THAT PERCEIVED OPPORTUNITIES IN EU AND EASTERN PARTNERSHIP COUNTRIES RANGE BETWEEN 30% – 60%, BUT THE ESTABLISHED BUSINESS OWNERSHIP RATE IS A MAXIMUM OF 13%. THERE IS A BIG GAP. PARTNER ORGANIZATIONS STUDIED THAT THAT YOUNG PEOPLE SEE THESE OPPORTUNITIES; THEY HAVE MOTIVATION TO BUILD SOCIAL ENTERPRISES, BUT ISSUES LIKE FEAR OF FAILURE, LACK OF AWARENESS AND NOT ENOUGH COMPETENCIES – HOLD THEM BACK.

PARTICIPATING COUNTRIES



5 PARTICIPANTS



6 PARTICIPANTS



5 PARTICIPANTS



5 PARTICIPANTS



5 PARTICIPANTS



5 PARTICIPANTS



WHAT ARE WE AIMING?



- **TO RAISE THE AWARENESS AND THE SENSE OF SOCIAL ENTREPRENEURSHIP AMONG YOUNG PEOPLE**
- **TO STRENGTHEN YOUNG PEOPLE'S SENSE OF INITIATIVE IN THE SOCIAL FIELD IN ORDER TO SUPPORT THEIR COMMUNITIES**
- **TO EQUIP PARTICIPANTS WITH NECESSARY COMPETENCIES NEEDED FOR PUTTING THEIR INITIATIVES INTO PRACTICE**
- **TO RAISE PARTICIPANTS' LEVEL OF CONFIDENCE AND MOTIVATE THEM TO KICK-START SOCIAL ENTERPRISES**
- **TO LET PARTICIPANTS OVERCOME FEAR OF FAILURE AND IMPROVE THEIR POSITIVE ATTITUDE TOWARDS THE LABOR MARKET**
- **TO FOSTER TRANSNATIONAL EXCHANGE OF IDEAS AND TRANSMISSION OF COMPETENCIES AND TO SEE THE ADDED VALUE OF DIVERSITY**

WHAT WE ARE GOING TO DO?

WE WOULD LIKE TO INVITE PARTICIPANTS WITH DIFFERENT BACKGROUNDS IN AN INCLUSIVE ENVIRONMENT; OFFER NON-FORMAL LEARNING ACTIVITIES THAT HELP THEM GET TO KNOW THEMSELVES BETTER AND FIGURE OUT THEIR CURRENT STATE THAT HELPS THEM PLAN THEIR CAREERS BETTER. OUR PROJECT WILL CREATE AN ENGAGING ATMOSPHERE WHERE EACH PARTICIPANT IS RESPECTED AND THEIR BEHAVIOR IS DRIVEN TOWARDS A MORE EQUAL, GREENER, MORE PARTICIPATORY, MORE DIGITAL AND MORE SUSTAINABLE SOCIETY.



PROJECT TIMELINE

SELECTING PARTICIPANTS



JANUARY 2023

PREPARATION



FEBRUARY – MARCH 2023

YOUTH EXCHANGE



APRIL 2023

FOLLOW-UP



MAY 2023

PROGRAMME OF "ACT FOR GOOD"



ARRIVALS

DAY I

GET-TO-KNOW

DAY II

TEAM BUILDING |
INTRODUCTION TO
ENTREPRENEURSHIP

DAY III

TYPES OF ENTERPRISES
| SOCIAL
ENTREPRENEURSHIP

DAY IV

BUSINESS MODELS |
CANVAS

DAY V

BUSINESS
DEVELOPMENT |
MANAGEMENT |
LEADERSHIP

DAY VI

WORKING ON IDEAS

DAY VII

LOCAL INITIATIVES

DAY VIII

BUILDING
COOPERATIONS |
DISSEMINATION

DAY IX

YOUTHPASS | CLOSING

DEPARTURES



09:00–10:00 **BREAKFAST**

10:00–11:30 **SESSION I**

11:30–12:00 **BREAK**

12:00–13:30 **SESSION II**

13:30 **LUNCH**

15:00–17:00 **SESSION III**

17:00–17:30 **BREAK**

17:30–19:00 **SESSION IV**

19:00–19:30 **REFLECTION TIME**

19:30 **DINNER**

21:30 **CULTURAL EVENING**

PLEASE BE AWARE THAT THE YOUTH EXCHANGE WILL NOT PROVIDE YOU WITH THE ACADEMIC KNOWLEDGE. THE PROJECT WILL BE BASED ON NON-FORMAL EDUCATION AND ITS SUCCESS IS DEPENDENT ON THE CONTRIBUTION OF PARTICIPANTS.

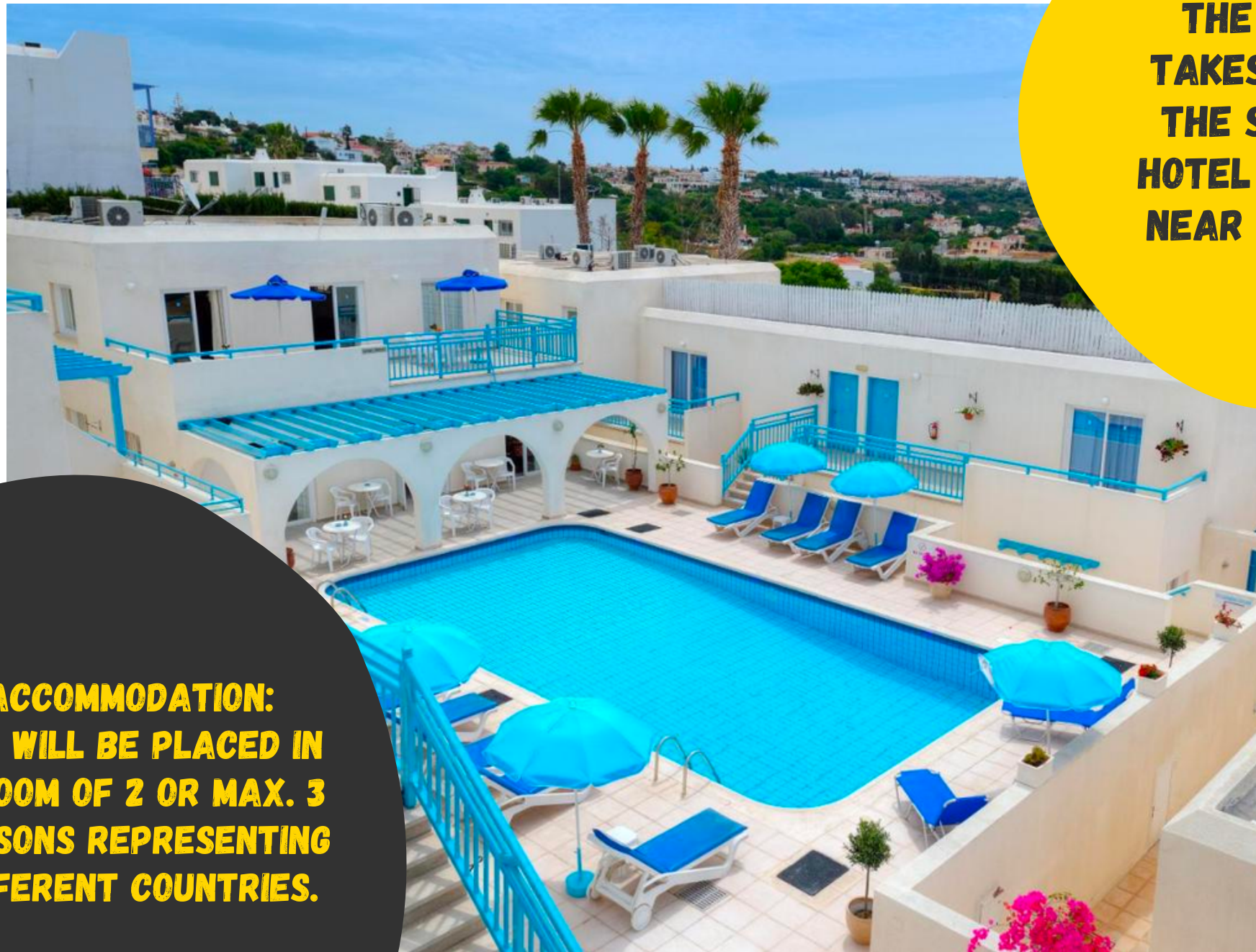
VENUE/ ACCOMMODATION

ACTIVITIES WILL BE CARRIED OUT AT THE VILLA NEAR THE HOTEL. DEPENDING ON THE WEATHER SOME ACTIVITIES WILL BE HELD OUTSIDE. YOU WILL HAVE 4 MAIN ACTIVITIES DURING THE DAY WITH RELATIVE BREAKS IN BETWEEN. AT NIGHTS WE WILL HAVE CULTURAL EVENINGS. THERE WILL BE 2 HOURS OF FREE TIME EVERY DAY AFTER LUNCH.

THE PROJECT TAKES PLACE AT THE SUNNY HILL HOTEL AND VILLAS NEAR THE HOTEL.

ACCOMMODATION:
YOU WILL BE PLACED IN A ROOM OF 2 OR MAX. 3 PERSONS REPRESENTING DIFFERENT COUNTRIES.

MEALS:
YOU WILL GET 3 MEALS A DAY.



CULTURAL EVENINGS



DURING THE PROJECT YOU WILL PRESENT YOUR OWN CULTURES – NATIONAL, REGIONAL, PERSONAL OR ANY KIND OF CULTURE YOU FEEL YOU BELONG TO. FEEL FREE TO SHARE YOUR COUNTRY BY BRINGING THE FLAG, LOCAL FOOD, DRINKS, SONGS, DANCES, SOUVENIRS, ETC. EACH COUNTRY WILL HAVE A CULTURAL EVENING ON A SEPARATE DAY AND IT WILL LAST 1.5–2 HOURS. WE WILL REALLY APPRECIATE IF YOU COME PREPARED ON THE PROJECT.

DISSEMINATION

VISIBILITY

FOLLOW-UP

WHEN YOU RETURN TO YOUR HOME YOU ARE RESPONSIBLE TO:

SHARE MULTIMEDIA (PICTURES, VIDEOS) THROUGH YOUR PERSONAL AND YOUR SENDING ORGANIZATION'S SOCIAL MEDIA PAGES AND PROMOTE THE VISIBILITY OF ERASMUS +; THE PROJECT; PROJECT OUTPUTS.

ORGANIZE LOCAL EVENT FOR YOUR PEERS.

WRITE AN ARTICLE ABOUT YOUR EXPERIENCE.

DO OTHER DISSEMINATION ACTIVITIES DISCUSSED DURING THE MOBILITY.

TRAVELING DAYS

ARRIVAL DAY

APRIL 1, 2023

PLEASE ARRANGE TICKETS IN A WAY TO REACH THE HOTEL **NO LATER THAN 9 PM.**

DEPARTURE DAY

APRIL 10, 2023

YOU CAN LEAVE THE HOTEL **AFTER 6 AM.**

TO GET YOUR TICKETS REIMBURSED YOU HAVE TO GET OUR CONFIRMATION BEFORE YOU BUY TICKETS. SO, PLEASE SEND THE TICKETS YOU SELECT TO THE EMAIL ADDRESS: **BITISI.EXCHANGE@GMAIL.COM**, GET CONFIRMATION AND ONLY AFTER THIS YOU CAN PURCHASE THEM. YOU CAN ONLY BUY TICKETS FROM INTERNATIONAL AGENCIES THAT WE KNOW AND TRUST OR FROM THE AIRLINES DIRECTLY.

YOU ARE ALLOWED TO COME TO CYPRUS MAXIMUM 2 DAYS BEFORE THE EVENT AND LEAVE MAXIMUM 2 DAYS AFTER THE EVENT. DURING THESE PERIODS YOU'RE NOT SUBSIDIZED BY THE PROJECT – SO, YOU WILL BE RESPONSIBLE TO COVER YOUR ACCOMMODATION AND FOOD EXPENSES FOR THE EXTRA DAYS.

TRAVEL GRANDS

CYPRUS – 23 EUR

GEORGIA – 275 EUR

GREECE – 275 EUR

ITALY – 360 EUR

LITHUANIA – 360 EUR

SPAIN – 530 EUR

HOW TO GET TO PAPHOS

THERE IS AN AIRPORT IN PAPHOS AND ALSO IN LARNACA. YOU CAN CHOOSE WHICH IS THE BEST FOR YOU. THEN YOU TAKE A BUS.

FROM THE LARNACA AIRPORT CONNECTIONS ARE MORE DIFFICULT WITH BUS, SO IT IS BETTER AND EASIER TO COME TO PAPHOS.

IF YOU FLY TO THE PAPHOS AIRPORT – THEN YOU TAKE A BUS 612 TO PORT AND FROM PORT 615 TOWARDS CORAL BAY. YOU SHOULD STOP AT THE TRAFFIC LIGHTS OF ST GEORGE HOTEL. FROM THERE YOU CAN WALK TO SUNNY HILL.

INFO ABOUT PAPHOS PUBLIC TRANSPORTATION IS [ON THIS LINK](#).

IF YOU FLY TO LARNACA AIRPORT – THEN YOU TAKE A BUS TO PAPHOS THAT COSTS 15 EUROS.



REIMBURSEMENT!

PRE-REQUISITES: ALL EXPENSES HAVE TO BE DISCUSSED AND APPROVED BY US IN ADVANCE. YOU NEED TO COLLECT ALL DOCUMENTS RELATED TO YOUR TRAVELING FROM YOUR PLACE OF LIVING TO THE PROJECT VENUE. YOU CAN USE ONLY THE FOLLOWING MEANS OF TRANSPORT AND PROVIDE THE FOLLOWING DOCUMENTS:

AIRPLANE – BOOKING CONFIRMATION/ E-TICKET (THAT YOU RECEIVE ON YOUR EMAIL), INVOICE (YOU ASK THE AIRLINES/ AGENCY YOU USED AND GET IT FROM THEM) AND BOARDING PASSES (YOU HAVE TO HAVE BOARDING PASSES OF ALL FLIGHTS YOU TAKE | SCREENSHOTS AND PICTURES ARE NOT ACCEPTED | EITHER YOU SEND US DIGITAL BOARDING PASSES (PDF.. NOT A SCREENSHOT OF IT) OR IF YOU HAVE A PHYSICAL ONE, YOU BRING IT IN HAND OR SEND IT TO US BY POST).

BUS – RECEIPTS AND TICKETS (IN CASE IT IS AN INTERCITY BUS, YOU HAVE TO HAVE A TICKET INDICATING YOUR SEAT).

TRAIN – RECEIPTS AND TICKETS (IN CASE IT IS AN INTERCITY TRAIN, YOU HAVE TO HAVE A TICKET INDICATING YOUR SEAT).

TRAM/ METRO – RECEIPTS AND TICKETS.

VISA – ALL RECEIPTS ASSOCIATED WITH VISA COSTS. YOU MIGHT BE ASKED TO PROVIDE VISA APPLICATION TOO.

***YOU ARE ONLY ALLOWED TO HAVE ECONOMY CLASS TICKETS... WITH NO EXTRA SERVICES EXCEPT LUGGAGE. TAXIS WILL NOT BE REIMBURSED.**

REIMBURSEMENT FORM: YOU WILL FILL IN DIGITAL REIMBURSEMENT FORM BEFORE THE PROJECT MOBILITY WHERE YOU INDICATE ALL YOUR TRAVEL/ VISA EXPENSES. WHEN YOU ARRIVE AT THE PROJECT, YOU HAVE TO INTRODUCE RELEVANT PROOFS OF EXPENSES IN CASE THEY ALREADY HAPPENED, OR SEND THE DOCUMENT AFTER THE PROJECT, IN CASE YOU WILL MAKE THAT EXPENSES WHILE DEPARTING. FOR THE CURRENCY CONVERSION ERASMUS + CURRENCY CONVERTER WILL BE USED.

***YOU DO NOT ADD EXPENSES TO THE FORM WHICH CANNOT BE PROVED BY RELEVANT DOCUMENTS.**

REIMBURSEMENT DATE: REIMBURSEMENT WILL BE DONE AFTER ALL PHASES OF THE PROJECT IS FINISHED. IT WILL TAKE SEVERAL MONTHS AND WILL BE EXECUTED **IN JUNE 2023**. AFTER PROVIDING ALL RELEVANT REIMBURSEMENT DOCUMENTS AND DISSEMINATION/ VISIBILITY PROOFS.

REIMBURSEMENT METHOD: REIMBURSEMENT WILL BE MADE VIA A BANK TRANSFER TO THE ACCOUNT OF THE SENDING ORGANIZATION OR THE GROUP LEADER (ONE TRANSFER PER NATIONAL TEAM). IN CASE THERE IS A BANK COMMISSION FEE, IT WILL BE COVERED BY PARTICIPANTS.

PARTICIPANT'S PROFILE

YOU ARE WELCOME TO JOIN OUR OUR PROJECT IF YOU:

- **ARE AGED 18–25 (GROUP LEADERS: 18–30)**
- **HAVE AT LEAST INTERMEDIATE LEVEL OF ENGLISH LANGUAGE**
- **ARE OFFICIALLY RESIDENT/ CITIZEN OF GREECE, GEORGIA, ITALY, LITHUANIA, SPAIN OR CYPRUS**
- **ARE FULLY VACCINATED AT LEAST 14 DAYS PRIOR TO THE INTERNATIONAL MOBILITY**
- **WANT TO DEEPEN YOUR KNOWLEDGE IN SOCIAL ENTREPRENEURSHIP**
- **WANT TO LEARN OR SHARE KNOWLEDGE ABOUT DIFFERENT BUSINESS MODELS AND TOOLS**
- **WANT TO IDENTIFY PROBLEMS IN THE SOCIETY AND TACKLE CHALLENGES WITH SOCIAL BUSINESS IDEAS**

***YOUTH WITH CULTURAL, ECONOMIC AND SOCIAL OBSTACLES WILL HAVE A PRIORITY IN THE SELECTION PROCESS.**





COVID 19

- **REGULATIONS FOR TRAVELERS TO CYPRUS IS FOUND ON THIS LINK:**

[HTTPS://WWW.VISITCYPRUS.COM/INDEX.PHP/EN/](https://www.visitcyprus.com/index.php/en/)

PLEASE KEEP AN EYE TO ANY CHANGES.

- **WE ARE ASKING YOU TO BE FULLY VACCINATED. IN CASE 6 MONTHS PASSED AFTER YOUR SECOND (LAST) DOSE, WE ADVISE YOU TO GET A BOOSTER DOSE BECAUSE REGULATIONS MIGHT CHANGE.**

- **IT IS NOT REQUIRED TO PRESENT ANY COVID TEST RESULT TO ENTER CYPRUS!**



WHAT IS FUNDED?



Erasmus+

Enriching lives, opening minds.

THE PROJECT IS FUNDED BY THE ERASMUS + PROGRAMME OF THE EUROPEAN UNION. IT MEANS THAT COSTS RELATED TO PARTICIPANTS INTERNATIONAL AND LOCAL TRAVEL, ACCOMMODATION, FOOD AND ACTIVITIES WILL BE COVERED.


USEFUL INFORMATION



VISA
CITIZENS OF NONE OF THE
PARTNER COUNTRIES NEED
VISA TO ENTER CYPRUS.



**THE CURRENCY IN CYPRUS IS
THE EURO. YOU CAN PAY BY
CARD ALMOST EVERYWHERE,
BUT IT'S ALWAYS A GOOD IDEA
TO HAVE SOME CASH WITH
YOU.**

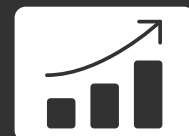


**WEATHER IN APRIL WILL BE
WARM IN PAPHOS. YOU WILL
NEED TO CARRY SUMMER
CLOTHES, BUT ALSO A
JACKET, RAINCOAT AND SOME
WARMER ONES.**

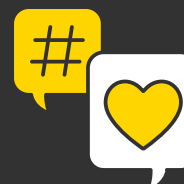
WE ARE EXPECTING FROM YOU:



TO BE TOLERANT



TO BE PROACTIVE



TO BE EMPATHIC



**NOT TO COME HERE FOR
TOURISM PURPOSES**



**TO RESPECT PROECT
PRINCIPLES, AGENDA,
ORGANIZERS AND EACH
OTHER**

WHAT TO PACK

- **FLAG (ONE PER COUNTRY)**
- **LAPTOP (AT LEAST ONE PER COUNTRY)**
- **BOARD GAMES (NOT MANDATORY)**
- **PASSPORT**
- **EUROPEAN HEALTH INSURANCE CARD (IN CASE IT IS VALID IN THE DESTINATION COUNTRY) OR ANY OTHER INSURANCE**
- **WARM CLOTHES, RAINCOAT, SNEAKERS**
- **BASIC HYGIENE COSMETICS**
- **CULTURAL FOOD, DRINKS, SOUVENIRS, ETC. BE CREATIVE!**



**WE'RE LOOKING FORWARD TO
SEEING YOU IN CYPRUS!**