

LONG-TERM TRAINING COURSE

Win-Win

43 participants, 12 countries

Antalya (Turkey) 19. – 26. May 2022

training course on conflict management through youth work activities in order to fight against racism and xenophobia and promote intercultural dialogue among diverse culturally young people

Themes of the training course:

Conflict, conflict resolution and conflict management learning for youth workers, youth leaders who work with diverse culturally groups, marginalised young people, young refugees and migrants, young minorities, etc. Throughout the project, beside conflict resolution techniques and methods, exercises and skill - building activities, there will be a strong multicultural sense and atmosphere. In a perspective of the Erasmus+ programme, we believe that the next thematic questions are present in this project:

- post-conflict resolution and reconstruction
- fight against racism and xenophobia
- inter-ethnic and inter-religious dialogue.

Through this training participants will strengthen their intercultural understanding, emphasize empathy and solidarity as a tool for resolving inter- ethnic conflicts and create possible themes for future projects according to the proposals of Erasmus+ programme.

The overall aim of the training course is to train youth workers, youth leaders who are directly working with diverse cultural young people e.g. refugees, migrants, minorities, marginalised young people, etc. being able to support the process of promoting sustainable local and global peace through understanding inter-ethnic conflicts. Through this training, participants will broaden their intercultural sense, develop communication and conflict management skills and build an awareness of how community problems can be approached and solved through youth work activities.

Learning objectives of the training course are:

In the perspective of knowledge, learning objectives are:

- to define what inter-ethnic conflict is, how it happens and what are its causes;
- to recognize stereotypes and prejudices, recall and list them;
- to summarize and interpret roles and conflict styles and conflict management in inter-ethnic conflicts;
- to identify and later contrast personal behaviour regard to stereotypes, prejudices, feeling of empathy, tolerance and solidarity;
- to solve communication barriers in conflicting situations and to demonstrate effective way of communicating that resolves conflict;
- to explain differences between different countries, traditions and habits, in regard to inter- ethnic conflict situations;
- to paraphrase effective communication when giving feedback and use decision-making in the actual group work;
- to produce and later use research materials;
- to interpret, analyze and describe- and later produce a project proposal based on the comprehension of the research;
- to state and later describe human rights in inter-ethnic conflicts;
- to apply the knowledge of inter-ethnic conflict in simulation or role-play and other similar activities;
- to relate theory to simulations and role-plays;
- to compare different conflict types in different given situations.

In the perspective of skills, learning objectives are:

- to detect and identify personal conflict style and illustrate skills of solving conflict using personal communication skills;
- to display skills of active listening of the other;
- to choose between methods or research and show the actual work, later organize the research process;
- to construct an outlook of the project proposal using knowledge;
- to show active involvement in mediation processes using communication skills;
- to practice different conflict resolution skill;
- to practice feedback giving communication skills;
- to actively react more efficiently in inter-ethnic conflict simulations, using communication and conflict management skills;
- to present daily understanding of the learning material.

In the perspective of attitude, learning objectives are:

- to have a positive approach towards conflict and being open minded for its solution;



- to welcome cultural diversity;
- to understand differences and being able for acceptance and appreciation;
- to foster empathy and tolerance.

The methodology of the training course:

The project will be based on non-formal educational methodology. It will be learner centred and participatory. It will be really practical, that means participants will put their gained competences into practice already during the project and the training course itself. Experienced trainers' team will prepare the programme flow based on the needs and expectations of the partner organisations and their participants. The training contributes to the development of organizational and communicational skills of each group member in a specific group work environment. Group members will experience process of democratic principles such as dialogue, mutual understanding, giving constructive feedback, decision making, self-exploration, attitude of analytical approach. After completion of this training, participants will contribute to the development of their local community through direct impact on youth in their work.

Trainers



Mara Árvai from Hungary is member of the EVS accreditors of SALTO – YOUTH SEE RC since 2007, she is application assessor of KA1 Mobility project for young people and youth workers and KA2 Strategic Partnership in the field of Youth according to the proposals of Erasmus + programme for several NAs, she is member of the Youthpass Advisory Group of the European Commission. She is involved to adapt the new European Youth Strategy into the Youthpass process from 2021 within the new Erasmus+ Programme. She is in the Youthpass trainers' pool of SALTO Training and Cooperation Resource Centre. She has been working as a local youth worker since 1999 and since 2003 as a trainer in the European youth field. She has a vast experience to plan, implement and evaluate Youthpass learning process with young people with fewer opportunities especially working with refugees and migrants. She works for Council of Europe as trainer and being responsible for adapting Enter! Recommendation into the local realities of participants in national trainings in Hungary.

Her SALTO profile is <https://www.salto-youth.net/tools/toy/mara-arvai.843/>

Her LinkedIn profile is <https://www.linkedin.com/in/mara-arvai-45377010a/>



Endre Kiss from Hungary on behalf of YOPA. He is an experienced trainer and youth worker, he has been involved into local youth work since 2002 and into international youth work since 2006. He is running local youth activities with rural and urban youth and trainings for youth workers, youth leaders, teachers, social workers, psychologist, etc. in local and international level. He is professional to prepare, run and evaluate methods and tools regarding to education through arts such as music, Muppets theatre, sports and intercultural learning, provide space for participants in order to recognise their learning process and learning outcomes. He is originally an HR manager, having vast experiences to work with unemployed young people with culturally diverse background such as Roma, minorities, refugees and migrants.

Who can participate in the project:

- Aged between 18 and ...
- Working actively with young people and having at least one year of experience in running youth activities;
- Motivated to develop competencies for dealing on active participation and cultural diversities issues with young people in a new ways;
- Able to decide independently or having support of organisation to develop long term youth work programme on active participation and cultural diversity;
- Ready to take part in the whole training course;
- To be able to communicate English language.

FINANCIAL CONDITIONS

The food and accommodation will be provided and paid by the organizers. Travels costs will be counted based on the distance calculator of European Commission and reimbursed either by bank transfer after the course or at the end of the course in cash (in Euros €). It may be that money from European Commission will be late; in that case, as mentioned, you will get your reimbursement after the course by bank transfer (be ready for that).

There is no participation fee!!!

Travel reimbursement for Antalya:

Eine Jugend eine Welt, Germany	360 Euro	4 Participant
IASIS, Greece	275 Euro	4 Participant
Romano Drom Pleven, Bulgaria	275 Euro	4 Participant
Eurocircle rhone alpes, France	360 Euro	3 Participant
ASOCIACIJA TAVO EUROPA, Lithuania	360 Euro	3 Participant
FONDAZIONE ISTITUTO MORCELLIANO, Italy	360 Euro	3 Participant
INSTITUT ZA POTICANJE MLADIH, Croatia	275 Euro	3 Participant
YOPA, Hungary	275 Euro	5 Participant
Kultur Bahcesi Dernegi, Turkey	20 Euro	5 Participant
"H2O", Portugal	530 Euro	3 Participant
NORDIC, Sweden	360 Euro	3 Participant
Asociación Juvenil Almenaras, Spain	530 Euro	3 Participant

Insurance: Due to the complexity of the program each participant must have a comprehensive travel and **health(medical insurance which also cover the Covid-19)**, covering both the travel and the stay from the first until the last day of the way back home. **The insurance needs to be covered by the participants.**

Travel expenses: The travel expenses (from your home town till the venue of the course) are reimbursed on presentation of the relevant receipts **up to the maximum listed in the table.** In the

frames of the Training Course the reimbursement will be done only for travel expenses incurred according to the rules given below:

- **Travel expenses** will be reimbursed only upon presentation of **documentary evidence** of the sum actually paid: original invoice or/and a copy of credit card slip. **The documents** must have the date, price, name of the traveler, destinations of the travel and the bill has to be completely clear.
- **Electronic tickets** will only be reimbursed on receipt proof of payment (invoice, paper of booking/purchase printed from internet, copy of credit card-slip showing the transfer of the money for the ticket, **payment confirmation from internet**) and on presentation of the boarding pass for the outward journey.
- Note, that the **booking paper alone is not enough to prove your travel expenses**. You should present as well the **boarding passes**, a bill, a slip of payment and print-out from your bank account to confirm the sum paid for your ticket.
- **Keep all travel documents** you get during your trip: boarding passes, bills, slips, tickets etc., because we absolutely need them!
- **Taxi fares** can **not** be reimbursed.
- If you are planning to **book ticket through travel agency should have a reason** and you need our **confirmation**.

What to bring with you?

- Your passport or ID card
- **All your travel tickets!!!** (it's very important to keep all your ticket, receipts and **boarding passes**, because we can give you back the travel costs only if you have the tickets)
- **National snacks, drinks specialties(noting to be cook), local music for the cultural evening**
- Medicines - if you need them (anti-allergy pills, pain killers, aspirin etc.)
- Laptop, camera – it is not obligatory, but it can be useful
- Comfortable clothes and shoes for the workshops which will take place indoor and outdoor
- slippers for the shower, cosmetics etc.
- **Reusable water bottle**



ABOUT Antalya

Antalya (Turkish pronunciation: [anˈtalja]; Ancient Greek: Ἀντάλεια) is the fifth-most populous city in Turkey as well as the capital of Antalya Province. [2] Located on Anatolia's southwest coast bordered by the Taurus Mountains, Antalya is the largest Turkish city on the Mediterranean coast outside the Aegean region with over one million people in its metropolitan area.

<https://en.wikipedia.org/wiki/Antalya>

Weather

Before leaving your home country, please check the weather forecast In Antalya city. We expect very warm weather in May ☺

About food

We will have 3 meals and coffee breaks everyday. The breakfast we will have from hotel and the lunch will eat at canteen of university and dinner, we will order from different restaurant or we will go to a close restaurant around the hotel.

About hotel and seminar room

We are going to stay in Guest **hotel of university of Antalya**. We will have a seminar room. In nice weather we will do activities outside as well. There will be a swimming pool also we will not be so far from the sea.☺ In the campus, there is botanic garden and there will be many opportunities to make sport.

We will separate the rooms as men and women with different nationality each room. You will be **max 3** participants in one room. There will be bedrooms in the rooms. Hotel providing basic accommodation skills.

Homepage of the hotel: **Akdeniz Üniversitesi Konuk Evi**



How to arrive Hotel „Akdeniz Üniversitesi Konuk Evi”

The hotel address is: **Akdeniz Üniversitesi Konuk Evi** - Pınarbaşı Mah. Dumlupınar Bulvarı
ANTALYA

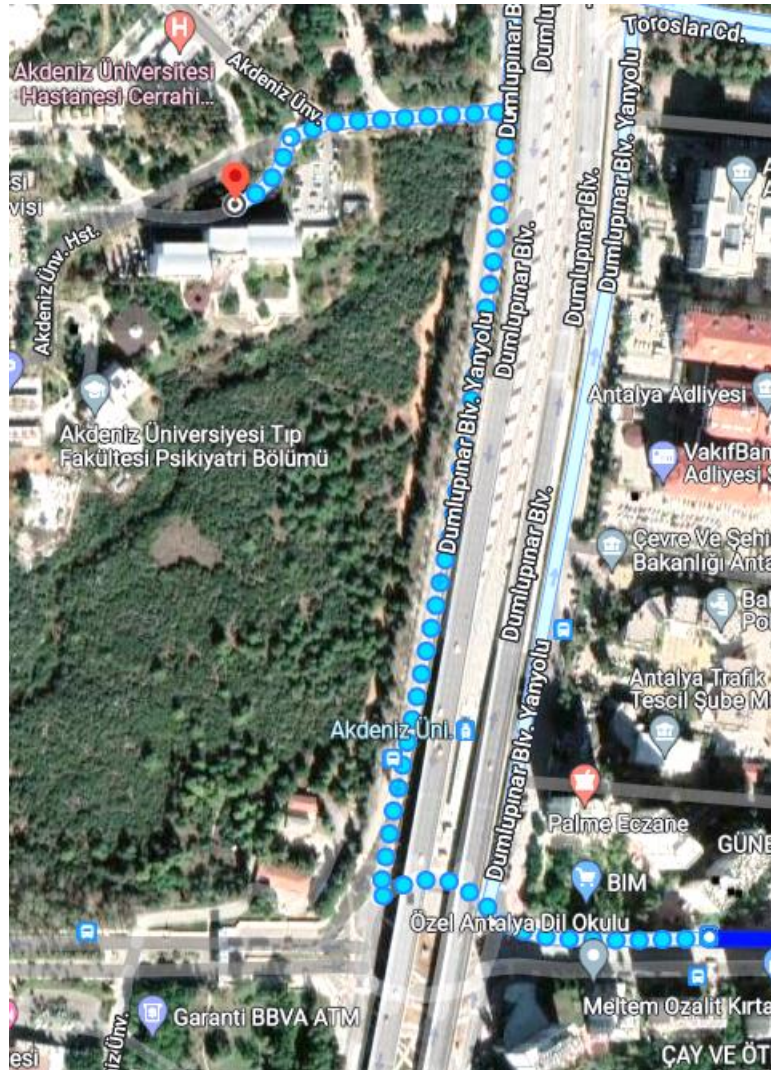
If you are coming to airport you need to exchange dollar or euro to the Turkish Lira. Exchange rate is to bad in airport. Take care that you don't exchange too much money! To arrive hotel, you need to exchange 5 /10 Euro or dollar or take some money from your visa card from bank automat.

After you have Turkish Lira you need to buy a ticket. Ticket you can buy with ticket automat. You can find it front of the Tramway always. For one way you need to have **14 Lira credit** at least.

After you buy the ticket please find **600 Bus line.(600 otobüs hattı)** There is every 30 min one bus leaving front of the airport. Last bus leaving at 03:45am, 6:00am and 7:00am after every 30 min again!

After 31 stop (45 min) you will arrive -> **Meltem- Blv-6**. Come out of bus. Walk 15 min to the venue!
Very simple!!! → Follow the map. Ask local people or security if you need any help =)

Take care when you cross the main street. IF you see **zebra way don't cross it!!!** Wait till lamp becoming **green** Take care of traffic! It's different then your country!!!



Taxi will not be reimbursement. In case, you want to come with taxi, they should bring you to the **Akdeniz universitesi Dumlupınar kapisi**. Taxi should be around 150/200 Turkish Lira.

Important!!!

Insurance!

Make sure that you have a valid health insurance, eligible to have a medical treatment abroad! Please take care that covering covid-19 case as well! **This is absolute crucial if you want to join the project.** You can obtain European health insurance card (eu, for free in each of the project partner countries) or buy travel insurance covering potential medical needs. Costs regarding health **insurance are not reimbursed** by the project. For more information please visit: <http://ec.europa.eu/social/main.jsp?catid=559>

COVID-19: entry and quarantine regulations in Turkey

We checked the rules on 20 of March 2022 and with two steps you can enter to Turkey.

First, you need to fill the digital entry form: <https://register.health.gov.tr/>

Second, Fully vaccinated travelers must have a certificate showing they received 2 doses of the vaccines approved by the WHO or by Turkey (or 1 dose for Johnson & Johnson). Travelers must have received their last dose a minimum of 14 days before travel. This requirement does not apply to: - Travelers under the age of 12; -Travelers with proof of recovery in the past 6 months (the 6-months start from the 28th day of the first COVID-19 PCR positive test result); -Travelers with proof of negative COVID test result. Travelers unable to present a valid vaccination certificate may be required to comply with rules for unvaccinated travelers.

As organiser, we request from everybody to be fully vaccinated against Covid-19.

The regulations in Turkey can be changed. Every participant is responsible to check till last day new updates as well. Link bellow is the official page, and you can more detailed information.

<https://www.turkishairlines.com/en-tr/announcements/coronavirus-outbreak/travel-restrictions/index.html>

If you are selected from your organisation please join to our Facebook Group, We will use before, during and after project actively!

<https://www.facebook.com/groups/661104205143473>

Here is the address of the hotel again: **Akdeniz Üniversitesi Konuk Evi** - Pınarbaşı Mah.
Dumlupınar Bulvarı ANTALYA

If you have any questions, please feel free to ask!

E-Mail: **1jugend1welt@gmail.com** please write to subject: **Win-Win**

Facebook: <https://www.facebook.com/serhildan.roj.7>

Name on Facebook: Serhildan Roj

Mobile phone: +49 176 579 87 839(also whatsApp)

Main person to contact when you are in Antalya/Turkey

Ruken Kardas +90 542 198 19 95 (also whatsapp)

Greetings,

Serhildan Kardas

The project is co-funded from the Erasmus+ Program of the European Commission and it is supported by the German NA.