



Infoletter

One Step Ahead


Outdoor games and employability
YE: 15-24 July, 2019

Erasmus+

abs
active
bulgarian
society

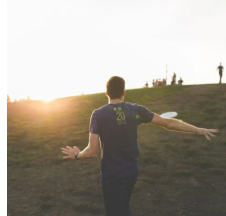
ABOUT

- ★ Personal development
- ★ Games
- ★ Activities
- ★ Hiking
- ★ Nature

 The idea of the project is to create a playful environment in which you will be encouraged to explore your own capabilities, to put your values into practice and to be inspired by yourself and the others.

One Step Ahead is all about exploring the topic of employability through various games and activities happening outside, in nature. You will have the chance to bring your own questions and activities, to exchange them with others and to experience a dynamic learning opportunity.

In 10 days you will create and experiment within an intercultural group of 50 youngsters from 10 different countries.





You will:

- ★ play and learn outside in different settings
- ★ discover your skills and put them into practice
- ★ initiate and create games/activities for the others
- ★ work together with youngsters from different countries

and many more...

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The exchange will consist of the following parts:

- ★ Experiencing - you will be participating in the games & workshops organised by the Group Leaders
- ★ Creating - in small international groups you will be organising games and activities for each other
- ★ Exploring - this will be the time to put all your improved skills in practice while going on an outdoor adventure in Bulgaria



How we do it:

Since we believe that the best way of learning is through experiences, we are planning to have a project with dynamic and packed days which will give you the opportunity to create, exchange and facilitate your own



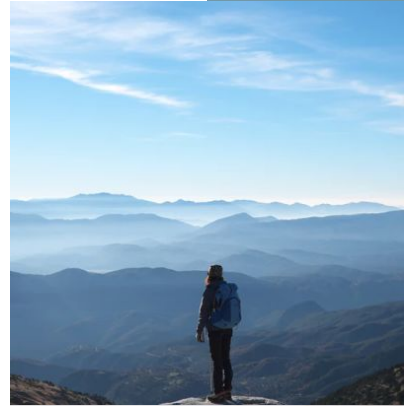
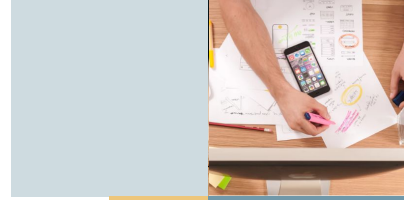


WHAT CAN YOU GET OUT OF THE PROJECT:



A chance to explore:

- ★ what happens if you change your perspective on employability
- ★ how you can take initiative and what does this bring to you
- ★ what is your working style within a group
- ★ what are your unique strengths and how can you use them
- ★ how to cooperate with others towards a common goal
- ★ how you can connect with youngsters from different countries
- ★ how to guide your own learning
- ★ how to develop activities from the idea until realisation



WHOM WE ARE SEARCHING FOR?

YE: 1 group leader and 4 participants



As a participant you are:

18-23 years old

committed to be part YE as well as the dissemination events preferably without working experience and facing difficulties in finding work opportunities)

active and creative

interested in outdoor activities and games

excited to work with the topic of employability through a different perspective

As a group leader you are:

18-25 years old

enthusiastic, supportive, willing to take initiative and to encourage others preferably having some background in working with groups

willing to work more with us and give input in creating the project

ready to create and deliver workshops for the group

excited to find new tools regarding the topic of entrepreneurial learning

able to work in simple English



TIMELINE



YE:

Pre-learning preparation: May-July 2019

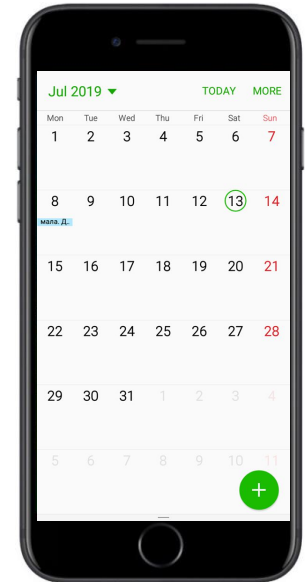
Arrival day of group leaders: 13th of July 2019, whole day

Arrival day of the participants: 14th of July 2019, whole day

Program starts: 15th of July 2019, at 13.00 pm

Program ends: 24th of July 2019, at 20.00 pm

Departure day: 25th of August 2019, before 10.00 am



*- we would like to start and end the program together, therefore we invite you to plan your travel in a way that you are here for the whole program

Pre-learning preparation:

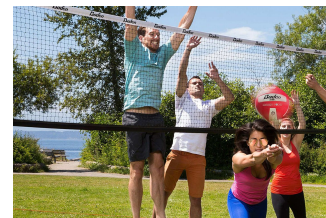
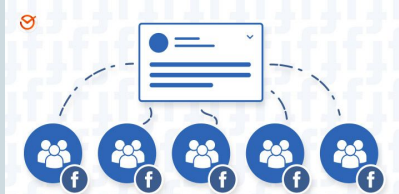
Before the YE you will have the chance to get in touch with other participants through our Facebook group, to introduce yourself and to do some preparing activities.



Follow-up:

After the exchange you will have time and space for reflection, as well as for planning the next steps with your national team:

You will be creating at least one outdoor activity or game back home as well as write an article about your experience in Bulgaria.



TOTAL TRAVEL GRANT per country:

Croatia, Greece, Romania: 180 Eur

Cyprus, Georgia, Italy, Latvia, Lithuania,
Malta: 275 Eur

Bulgaria - 0 Eur

VERY IMPORTANT: PLEASE KEEP ALL YOUR ORIGINAL TICKETS
BOARDING PASSES in order to be reimbursed.











YOU MUST send us your travel plan before booking your tickets to:
onestepahead.ye@gmail.com and wait for our confirmation.

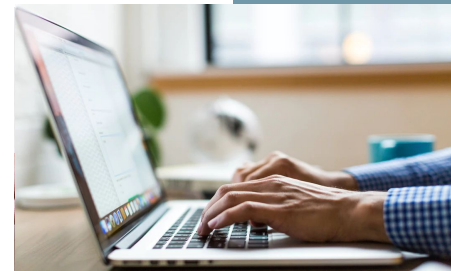
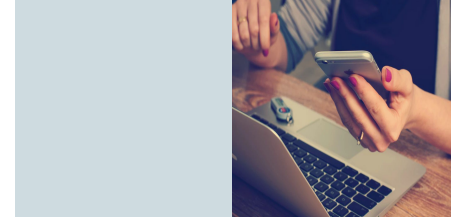
There is participation fee of **35 eur** paid on the YE.

TRAVEL REIMBURSEMENT will be made on the spot during the last day if all
tickets and boarding passes are presented in original.



CONTACT INFORMATION

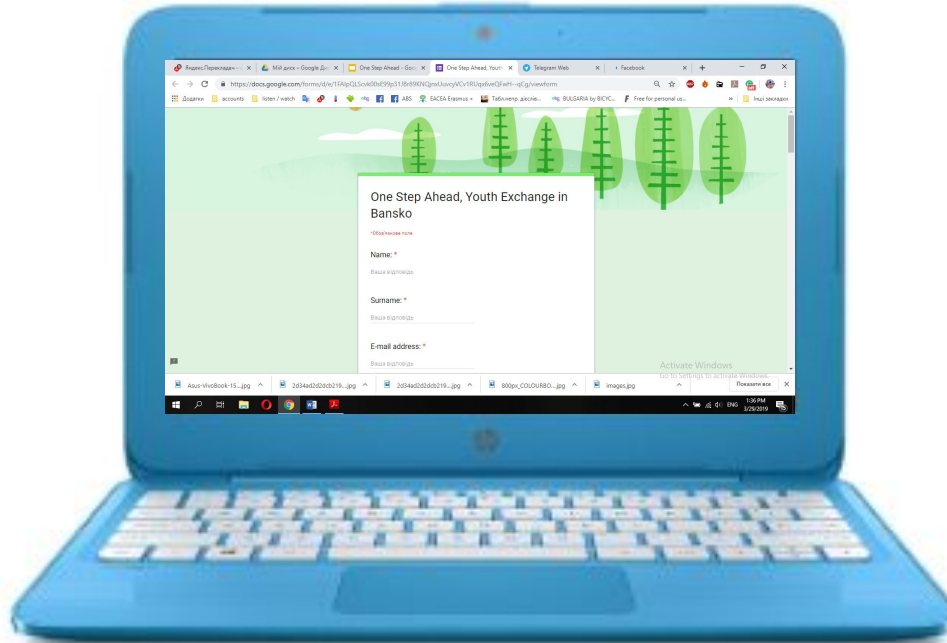
	Name	Country	Email
	Active Bulgarian Society	Bulgaria	absociety.info@gmail.com
	re:view	Latvia	reviewlatvia@gmail.com
	Youthopolis	Romania	adinalstoleriu@gmail.com
	Istituto Morcelliano	Italy	istitutomorcelliano@gmail.com
	Social Inclusion	Greece	despina.kanellopoulou@gmail.com
	DRONI	Georgia	giokika@droni.org
	TDM 2000 Malta	Malta	international@tdm2000malta.org
	Active Youth	Lithuania	exchange@activeyouth.lt
	UGNG	Croatia	dianagrgat@yahoo.com
	YEU Cyprus	Cyprus	info@yeucyprus.org



HOW TO APPLY:

Fill out the online registration form till 30th of April, 2019.

<https://goo.gl/forms/qkzmBIVlQ1VMYwa62>



ABOUT ACTIVE BULGARIAN SOCIETY:

Active Bulgarian Society is a non-governmental organisation based in Blagoevgrad, Bulgaria. It was founded in 2013 and currently the ABS team works in the field of youth mobility and non-formal education, with a priority of work being the creation of a local youth network which helps young people in their realisation and their active citizenship in Bulgaria and Europe.

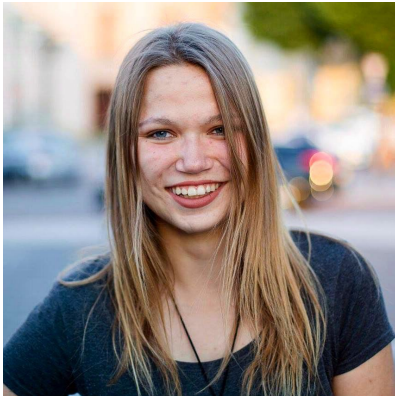


ABOUT THE FACILITATORS



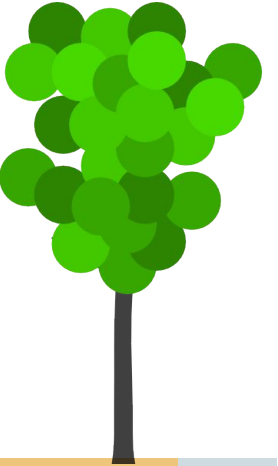
Krisztina Erdélyi

Krisztina (RO) is a facilitator and youth worker in Olde Vechte Foundation where for the past three years she has been supporting youngsters and young adults in their development. Out of her playfulness, she likes to combine nature and games in order to create learning opportunities. When she is not designing projects, you will most probably find her dancing to uplifting songs or drinking coffee and tea in cozy places



Anna Marija Bērziņa

Anna (LV) is a freelance project manager and facilitator who is passionate about designing educational programmes for young people. Her energetic attitude, playful spirit and practical approach to learning makes her projects dynamic, fun and insightful. When she is not guiding people or making sure that everything runs smoothly and efficiently, she is either enjoying long walks with her dog or going kayaking.



THE VENUE

Bansko is a mountain resort located in the south-western part of Bulgaria. The town is situated 6 km from the town of Razlog and 160 km from the capital of Sofia. Bansko lies on the two banks of the Glazne river at the foot of the Pirin mountain, right below the highest part of it. In a small old town there are opportunities for sightseeing tourism, and thanks to the surrounding thermal springs and healing mountain air, Bansko has gained fame as a balneological and climatic resort.

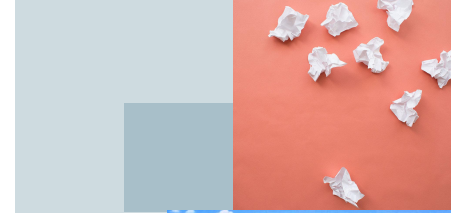


Bansko!!!

ACCOMMODATION

The participants will stay in the complex Bojurland. It is situated in the heart of Bansko, just 10 minutes walk from the centre and close to the Town Park and stadium.

Hotel Bojur offers the comfort of the cozy furnished double-room apartments with 3,4 and 5 people each. The design of the hotel and other buildings and their location create a unique feeling of spaciousness and harmony. The beautiful view to Pirin Mountain create unforgettable feelings. You will have an access to use the swimming pool, SPA Center, Fitness, and all other amenities of the hotel FREE of charge.



Link:

<http://www.bojurland.com/>

Pirin Mountain

HOW TO GET THERE

If you arrive in Terminal 1 there is a free shuttle to Terminal 2 from where you can get the metro to Sofia Central Bus Station.



How to get from Sofia Airport to Sofia Bus Station?

The best way to the bus station is to take the metro. It will cost you 1.60 leva (0.82 EUR). There is a metro station at the airport, but only on terminal 2. If you have a large check-in bag you will need to buy another ticket for the bag too. Sofia Airport Metro station of T2 is right next to the building of Terminal 2 of the airport.



The metro trains operate from 5am to midnight. see metrosofia.com for detailed timetable. Your single ride ticket price is 1.60 levs (0.82 EUR) and is valid for the entire metro network so you can use the same ticket for transfer to M1 line. Tickets can be purchased from the cashier desks in the metro station or from ticket machines /it only accepts BGN or credit/debit cards/.

From Sofia to Bansko



The average time travelling, by bus, is about 3.5 hours. But there is a chance of having to change buses on one of the bus stations en route. Bansko is not the last station for the bus. Its Gotse Delchev. So pay attention and make sure you get off the bus at Bansko Bus Station.

The buses from The Central Bus Station to Bansko depart every day: 7:30, 8:30, 9:45, 11:25, 13:00, 14:00 and 16:45



Any questions?

You can contact us at absociety.info@gmail.com

and follow our social media accounts:

<https://www.facebook.com/ActiveBulgarianSociety/>

<https://www.instagram.com/activebulgariansociety/>

