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SHARING VS WASTING

Youth Exchange

Info Pack

May 30- June 6

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1. PROJECT DESCRIPTION



YE takes place in Chiari, Italy. After the 1st and 2nd stage of this project, we aim to gather participants with strong interest and wish to learn more concepts about Sharing economy and Collaborative Consumption (CC).

The idea is to experiment different models of CC in their lives and work. Especially important part for

YE will be financial contribution of "Crowdfunding" realized by the participants themselves.

On YE the most of the participants will already have some experience of Sharing Economy and aim of the project is to promote CC, implement in practice some of the models during the project, produce the manual - "CC for

youth work" and spread it widely, in order to give possibility to other youngsters, youth workers and associations to use the same opportunities.

Intercultural exchange,
tolerance and solidarity

The project aims to:

- Use of CC tools in youth work
- Strengthen Erasmus+ and cooperation between EU & partner countries
- Strengthen entrepreneurship, creativity and initiative of youth
- Promote Creative and innovative tools against the crisis
- Non-formal, peer to peer education
- Work on and practice the concept of collective sharing, CC, social economy

During the project will be used NFE methodology, based on valorizing the knowledge and experiences of the youngsters.

2. PARTICIPANT'S PROFILE



On Second stage of this project (APV) the group leader from each country gathered, and have decided the participants' profile, according to the needs and activities of the project.

We are looking for 18-30 years old, motivated young people, who have some background and interest in the project topic.

As the whole project will be carried out in English, we seek participants with basic Knowledge of English, enough for communication and for expressing themselves freely.

The Priority will be given to participants by fewer opportunities, disadvantaged youth, NEET category, youth with difficulties to adapt to the society.

In order to ensure the best possible quality to the project, a participation fee of **EUR 25** will be charged as own contribution of each participant to the project.

3. YOUTH EXCHANGE



DATES

30 MAY - 6TH JUNE (1 TRAVEL DAY INCLUDED)



VENUE

CHIARI (BS), ITALY



PARTICIPANTS

1 GROUP LEADER + 4 PARTICIPANTS



APPLICATION FORM

Click on the link

https://docs.google.com/forms/d/e/1FAIpQLSd2PU_YGL9ITpDfd0qy9MmvZtUeeHRQhdL9rCHeTkixbIC6Lg/viewform

WHAT TO PUT IN MY LUGGAGE ?



- TOWEL
- SLIPPERS
- PRIVATE HYGIENE ITEMS
- SUNSCREEN
- IDEAS ABOUT ACTIVITIES
- POSTCARDS AND SOUVENIRS FROM YOUR COUNTRY
- A NICE T-SHIRT TO EXCHANGE
- A BOOK (ENGLISH OR ITALIAN) TO GIVE AWAY
- A WATER BOTTLE
- A MUG TO EXCHANGE
- A PHOTO OF YOU (3X4 SIZE OR ANY)



RECOMMENDATIONS

- IF YOU DO NOT HAVE THE ORIGINAL TRAVEL TICKETS AND BOARDING PASSES, WE CANNOT REIMBURSE YOU.
- THE REIMBURSEMENT OF THE TICKETS WILL BE DONE RIGHT AFTER THE MAIN ACTIVITY.



TO DO LIST

- BOOK TICKETS FOR THE PARTICIPANTS
- BRING POSITIVE ENERGY
- ONCE YOUR ARE CHOSEN, PLEASE JOIN OUR FACEBOOK GROUP: YOUR GROUP LEADER WILL ADD YOU

4. TRAVEL ITINERARY AND REIMBURSEMENTS

HOW DO I GET TO CHIARI?



IF YOU ARRIVE TO

MILANO BERGAMO AIRPORT (ORIO AL SERIO)

The closest airport is Milan Bergamo but also other airports in the area might be a good point to arrive in Italy (Milano Malpensa, Milano Linate, Verona Villafranca, Venezia Marco Polo).

Chiari stands in the middle of Verona and Milan.

If you arrive to Milano Bergamo airport, then you should take a bus just in front of the airport to **BERGAMO** train station.

Then from Bergamo station take the train to reach CHIARI. Pay attention that coming from Bergamo you should switch the trains in **ROVATO** or **TREVIGLIO** station in order to reach **Chiari**.

MILANO MALPENSA:

Once you have taken your luggage and take a breath, the easiest way is to get Milano Express train from the airport to **MILANO CENTRALE** Station (ticket costs 13 €). You can take also Milano Shuttle bus just in from of the airport (ticket costs 10€).

Once you are in Milano Centrale, get to the ticket point and take on way **REGIONAL TRAIN** ticket to **CHIARI (Bs)** (ticket costs 5.50 €, direction Verona Porta Nuova) and get off in Chiari station (the trip takes 50 minutes, here are the stops the train may do **MILANO CENTRALE - MILANO LAMBRATE - PIOTELLO -TREVIGLIO - ROMANO - CHIARI**).

You can consult the schedule of the trains in the following [web-site-http://www.trenitalia.com](http://www.trenitalia.com).

Remember to validate your ticket in the yellow machines in the station before getting on the train.

HOW DO I GET TO CHIARI?



MILANO LINATE:

take the bus to Milano Central Station.

Then from Milano Central Station take the REGIONAL train (direction Verona Porta Nuova) and get off in Chiari station (the trip takes 50 minutes, here are the stops MILANO CENTRALE - MILANO LAMBRATE - PIOLTELLO - TREVIGLIO -ROMANO - CHIARI).

VERONA VILAFRANCA:

take the bus to get to VERONA PORTA NUOVA station. Once you are in the station, get to the ticket point and take on way REGIONAL TRAIN ticket to CHIARI (Bs) (ticket costs 8.25 €, direction Milano Centrale) and get off in Chiari station (the trip takes 60 minutes, here are the stops the train may do: Verona Porta Nuova- Peschiera del Garda- Desenzano del Garda-Sirmione- Brescia- Rovato-Chiari).

ONCE YOU ARE IN CHIARI STATION WE WILL PICK YOU UP FROM THE STATION!

* Travel costs will be reimbursed by the maximum amount as indicated in the distance calculator of the EU depending per country:

* If less then 80% of the programme is attended, the participant will not get reimbursed for the travel.

TRAVELLING FROM

ARMENIA - 360 EUR

BULGARIA -275 EUR

GEORGIA -275 EUR

SPAIN - 275 EUR

UKRAINE -275 EUR

*The project doesn't cover visa costs. The exceptional costs were not financed by the National agency.

5. ACCOMMODATION AND SPECIAL NEEDS



- Participants will be accommodated in Youmore Guest House, viale Bonatelli 43, 25032 Chiari (BS).
- Everyone will share a room with another 4, 6 or 8 people.
- Bathrooms are shared between all of you.
- Breakfasts and daily meals will be provided by a partner Tavern Drappo Giallo from Chiari which is 200m. far from the guesthouse.
- The project will provide also two times daily coffee breaks.
- There will also be a surprise evening for all the participants.



THE ROOMS

4-8 people in each

BUNK BEDS, CLOSET,
TABLE AND CHAIRS

6. VENUE



About CHIARI

Chiari is a small town in the north of Italy in the province of Brescia. It's located at an altitude of 138 meters above the sea and has approximately 18,900 inhabitants. The city covers an area of 38 square kilometers, it's only a few kilometers from the river Oglio, 25 km from Brescia, 35 from Bergamo, 66 from Milan and 90 from Verona while about 20 km to the shore of Lake Iseo.

VILLA MAZZOTTI

IS A PARK CLOSE TO THE CENTER WHERE YOU CAN TAKE A JOG OR ROLL OUT A BLANKET AND READ A BOOK



CANALS

ALL AROUND CHIARI THERE'S SMALL CANALS THAT TRANSPORT THE WATER TO THE FIELDS OUTSIDE OF THE CITY



COSY STREETS

THE STREETS GOING AROUND THE CENTER IS LINED WITH TREES TO MARK THE TOWN CENTER



7. INTERCULTURAL EVENING

BESIDES YOUR TRADITIONAL FOODS, ONE OF THE PROJECT EVENINGS WILL BE DEDICATED TO THE INTERCULTURAL EVENING. YOU WILL PRESENT YOUR OWN CULTURES-NATIONAL, REGIONAL, PERSONAL OR ANY KIND OF CULTURE YOU FEEL YOU BELONG TO. THIS PRESENTATION/ACTIVITIES SHOULD NOT JUST BE A "LECTURE", SO TRY TO FIND SOME CREATIVE WAY TO SHOW YOUR CULTURE.

A CULTURE MAY BE REPRESENTED BY A SONG, A STORY, A POEM, A DANCE, A GAME, SOME LOCAL SPECIAL DRINKS AND FOOD, (YOU WILL HAVE THE OPPORTUNITY TO COOK SOMETHING IF YOU WISH), ETC.

YOU CAN BRING PICTURES, MUSIC OR ANY INSTRUMENT YOU WANT TO. IF THERE ARE SOME SPECIAL REQUESTS, PLEASE DO NOT FORGET TO MENTION THEM IN THE APPLICATION FORM, SO THAT WE TRY TO ACCOMPLISH THEM.



8. CONTACTS

— This project has been designed after very strong partnerships and many good projects between the participating organisations.

— We expect you to fully participate in all the activities, be open minded and tolerant.

— We remind you that as in all Erasmus plus projects, here also you will be provided by the youth-pass certificate.

— **sharingvswasting@gmail.com** or your national group leader - Or the national sending organization

Sona- Italy - Fondazione Istituto Morcelliano

Miki- Spain - La Vibria Intercultural

Agathe- Armenia - Armenian Open Society, Youth NGO

Mariam- Georgia - International Center for Peace and Integration (ICPI)

Roman- Ukraine - Unit, NGO

Kristina- Bulgaria - Active Bulgarian Society

WELCOME ON BOARD

