



## Hello, young person! Get to know us...

**Volunteering location:** Kaunas, Lithuania

**Volunteering project:** in the Caritas Advisory Center for Epilepsy-sick

**Volunteering project duration:** 2018.10.01 – 2019.09.27 (12 months)

**Application:** CV and motivation letter to [evspatria@gmail.com](mailto:evspatria@gmail.com), we will arrange a skype talk with you

### 1. About our organization (shortly)

The Advisory Center for Epilepsy-sick (ACE) was established as a program of Caritas of the Archdiocese of Kaunas in 2013. ACE is a psychosocial service, a unique model of counselling, focusing on the implications of epilepsy for both the patient and the society. Its activities range from psychosocial personal short-term intervention in matter of family interaction and marital problems to employment, difficulties at school and other social problems. ACE is an agent of change at the national policy-making level. The center is thus a model of comprehensive care which includes non–medical intervention: individual and group counselling, offering information, psychosocial assistance, rehabilitation and psychoeducational programs.

### 2. Staff / Team consists of:

the head of the center, two social workers and an occupational specialist.

### 3. Concrete tasks and activities proposed for the volunteer

\*Organize and assist the employees with the activities of the daycare center of the ACE, such as art therapy, sports, cultural activities and various trips for the beneficiaries;

\*Assist the team of ACE in home visits of particular clients and organizing a self-help group;

### 4. Responsibilities of the volunteer

\*Direct contact with the visitors of the daycare center of the ACE;

\*Following the rules of behaviour with the clients.

### 5. Volunteer profile (what kind of volunteer we are looking for) (age limit, etc.)

Our volunteer should be over 18 years old and should have an interest to work with people suffering from epilepsy.

### 6. Common mistakes (what the volunteer should keep in mind)

The activities organized by the volunteer should be interactive in order to empower the visitors of the daycare center of ACE and not to keep them excluded from of action.

### 7. Couple of photos (of the activities in the organization)





## 8. Other important remarks

We will do a short training for the volunteer upon arrival about psychosocial consequences of epilepsy and how to overcome them.

## 9. Practicalities

1. You will volunteer 30-35 h/week. There will be one person (a tutor) in your organization responsible for planning the schedule with you and advising on everyday tasks
2. You will be provided with a monthly ticket for public transport (if applicable)
3. You will be accommodated in a private room in a shared apartment (3-5 people)
4. You will be part of the group of volunteers of the coordinating organization A.C. Patria
5. You will be able to study Lithuanian language with the OLS language program
6. You will be participating in an on-arrival and a mid-term (if applicable) trainings
7. You will have regular meetings with your mentor

## Some examples of the volunteers' flats

