



INFOPACK

FOR PARTICIPANTS OF

EFFECTIVE COMMUNICATION FOR PEACE



Training Course

19th FEBRUARY 2018 - 26th FEBRUARY 2018

RUSTAVI, GEORGIA

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ABOUT THE PROJECT

The international project - "Effective Communication for Peace" is a 2-stage ERASMUS+ project that follows the logical frame - starting with giving tools for working on personal development, continued by giving instruments of empathic communication, aiming at improving peace building attitudes and skills through the self-development process.

During the training we will provide participants frames and tools of empathic communication & conflict transformation, that they can use first of all for their personal life, and secondly to improve their social work and engagement.

The project helps to identify the skills needed to set life goals which can raise the confidence of young participants, enhance their employability prospects, develop their communication skills, how they relate with themselves & others and will lead to a more fulfilling, higher quality life. Plan to make relevant, positive and effective life choices and decisions for their future to enable personal empowerment.

MAIN AIMS & OBJECTIVES

- To stimulate the self-development process of the participants;
- To increase employability and participation of youth workers, develop their professional skills and increase their efficiency;
- To give the tools of coaching and supporting the youngsters in own communities;
- To assist them to "get out of the box", enlarge their "comfort zone", maximize their creativity and see them as a possibility;
- To give the tools of empathic communication and conflict transformation for their daily life and work;
- To get intercultural experience by meeting with the representatives of different countries, cultures, backgrounds, religions, practice tolerance and break stereotypes & prejudices;
- To build partnership and future cooperation on the basis of this project under Erasmus+;
- To improve the quality of local and international youth work.

WHO WE ARE LOOKING FOR

The general profile of the participants is following:

- ➡ Youth workers
- ➡ Age: Above 20
- ➡ Balanced gender
- ➡ Readiness and availability to involve in both stages of the project actively and dedicate time and effort to it
- ➡ Those, who have troubles in decision making, communication or conflict resolution
- ➡ Those, who are working with the youngsters and are motivated to support their personal development
- ➡ Those, who are interested in coaching
- ➡ Those, who are motivated to involve and develop new Erasmus + projects after the TCs.

Main criteria for the selection process:

- Background and interest in the project topic
- High motivation for participation
- Follow up activities - how they plan to use knowledge and experience gained during projects -

PARTICIPANTS WITH FEWER OPPURTUNITIES

According to the project design each partner organization has to involve 1-participant for TC with fewer opportunities.

Participants having following background:

- Cultural differences
- Economic obstacles
- Social obstacles
- Geographical background

The age of the majority of participants will be between 20-35 years.

ABOUT US

The Training Course will be organized by the non-profit non-government organization International Center for Peace and Integration (ICPI), based in Georgia in the collaboration with Culture Compass from Sweden.



But this project would not exist without our Partners:

Sweden - **Culture Compass**
Georgia - **Young Leaders Club** and
International Center for Peace and Integration (ICPI)
Bulgaria - **Bulgarian Youth Association**
Belarus - **Office for Initiatives Promotion**
Poland - **Foundation of Social initiatives**
Azerbaijan - **"Common Sense" Youth Organization PU**
Ukraine - **Non-Government Organization "UNIT"**
Italy - **Fondazione Istituto Morcelliano**

PROJECT COSTS AND REIMBURSEMENT

100% of accommodation, food and transportation during the project will be covered with the support of ERASMUS+. Only the most economical transportation will be reimbursed.

It is necessary for participants to have travel and health insurance (not covered by project).

All the necessary information about the reimbursement procedures and documents, participants need to provide will be sent as reimbursement guide later. (Such as travel document invoice from sending organizations and etc.)

According to the new rules of Erasmus+, the maximum amount that we can reimburse for each representative of the country is indicated below in the table.

TRAVEL LIMITS

| Country | Participants | Travel Cost Limits |
|------------|--------------|--------------------|
| Sweden | 6 | 300,00 |
| Bulgaria | 4 | 275,00 |
| Belarus | 4 | 250,00 |
| Poland | 4 | 275,00 |
| Azerbaijan | 4 | 100,00 |
| Ukraine | 1 | 250,00 |
| Italy | 1 | 300,00 |

PRACTICAL INFORMATION

In order to ensure the best possible quality to the project, a participation fee of EUR 30 will be charged as own contribution of each participant of the project.

Working language: English

Special needs: Please let us know before the projects starts if you have any kind of special needs (regarding the food, allergy, etc.) through online participants list.

<https://docs.google.com/spreadsheets/d/1pQIMGIzutGPsa2o1DsvwzR6XFyqMCIsJoSRvAo9rM0I/edit?usp=sharing>

FB group: If you are a Facebook user, for faster communication and for getting to know each other, you can use our project group as well.

 Please join us at the following the link:
<https://www.facebook.com/groups/1420131321439439/>

Cultural presentation: There will be cultural evenings organized during the TC where all the countries will present their culture (dances, songs, and typical food). You will have to prepare the cultural presentation together with other participants from your country. We ask you to make it interactive (involving the public): you can make a quiz, organize competitions, play typical games, teach a dance or a song, etc.

You **cannot use** projector for presenting presentations, maps, or kitchen for preparing food.



Extra days: If you want to arrive a day earlier or/and stay a night longer, it is possible (you have only two extra days to stay out of the project). This extra nights are on your expenses. Participants have 2 extra days to stay out of project dates.

Wireless internet connection is available in the hotel



The **training methodology** is based on learning by doing, on developing and challenging individuals and groups through a creative stimulation that connects objective contents with personal experience and internalization. They work with learning methods that follow the natural human behavior, which works in the same way like learning to walk, taste, feel. It is called learning by experience. The participants are engaged intellectually, emotionally, socially, spiritually, and physically in the training.



Use of alcohol is not allowed during the project, even during cultural evenings.

CONTACT

If you have any questions, please, do not hesitate to contact us at:

effective.communication.peace@gmail.com

We're looking forward to seeing you in Georgia!