

Ready! Steady! Change the discriminatory mindset!

Youth Exchange Project

Drobeta Turnu Severin, Romania

24-31 March 2018



Dear participants,

The team is happy to welcome you to this wonderful youth exchange project which will take place in March, 2018 in Drobeta Turnu Severin, Romania. It will be hosted by Youthopolis (Romania). The TC will bring together 35 participants from 5 European organizations.

The training addresses 35 young people' need to develop their competences and to multiply the project's outcomes within their local communities.

Participants' countries are the following: Romania, the Netherlands, Italy, Macedonia and Poland.

What the project is about?

It is widely recognized that social exclusion produces deep and long-term damage to the living conditions, socio-economic participation, emotional life, and wealth being of young people. Different factors play important roles in producing social exclusion for young people. Poor levels of education, experiencing discrimination, monetary poverty, unemployment, living in remote geographical areas, and experiences of juvenile delinquency, are often indicated as the main factors.

We believe negative attitudes and discrimination are educated, so what we intend to do for participants in this youth exchange is: create a learning context, un-learn what they have learned, support the new learnings. Non-formal education has the power to offer opportunities for preventing and remedying social exclusion among young people.

The aim of this project is to improve the skills of 35 young people from 5 European countries in taking action against discrimination and embrace diversity by raising awareness about the boundaries that discrimination produces in young people's life.

The aim is supported by the following objectives:

- to empower participants to reflect about their own discriminatory attitudes;
- to help participants in acting against discrimination in their own lives;
- to support participants in identifying and breaking the stereotypes;
- to raise awareness about the importance of uniqueness of people in a diverse Europe;
- to promote non-formal education as a means to reduce discrimination and encourage diversity;
- to support the learning process of the participants by using the key competences from Youthpass.

The project cannot single-handedly eradicate discrimination and its faces, but it will definitely change young people's attitude, broadening their opportunities, providing new experiences and challenges and bringing out of them what is best.

By using interactive and non-formal methods, the participants will become highly involved in the project and will be able to develop their own skills and practical knowledge. The training working principles are based on experiential pedagogy. Moreover, they will be motivated to continue sharing the knowledge afterwards in their home country and within their own organization.

Profile of the participant:

- age (18-26 years old)
- interest in Erasmus+ programme in general and youth exchange projects in particular
- committed to be actively involved in planning, organizing, implementing of the activities of the project
- committed to disseminate the results within their organizations and to multiply the impact of the project by actively working with peer youth in their local communities
- interested in finding solution for the identified needs in a non-formal learning context
- minimum working level of English (B1 to C2, according to Common European Framework of Reference for Languages).

Priority to selection will be given to participants with fewer opportunities (cultural, geographical, economical) and/or participants at their first international experience.

The YE will be implemented in the frames of the "Erasmus+" programme of the European Commission and was financially supported by the Romanian National Agency.

In this section you can find web-links which will help to broaden your participants' understanding of the Erasmus+ programme.

These links will be useful for you before the YE (in terms of introduction) and after the event (in terms of future project implementations as well as training opportunities).

General information on European Youth Program

http://ec.europa.eu/youth/index_en.htm

Information on the European Youth programmes. User's guide is available.

Non-formal education and intercultural learning

<http://www.infed.org/biblio/b-nonfor.htm>

Formal/NonFormal/informal Education background.

<http://www.efc.be/ftp/public/cpi/TCFF%20Intercultural%20Learning.pdf>

Intercultural learning.

<http://www.youth-partnership.net/youth-partnership/publications/Tkits>

We are looking forward to meeting you and working with you!

Project Team

Practical information

ARRIVAL/DEPARTURE:

Arrival: 24th March, 2018 to ***Drobeta Turnu Severin, Romania***

Departure: 31^h March, 2018 from ***Drobeta Turnu Severin, Romania***

Activities days: 25-30 March 2018

TRAVEL TO ROMANIA:

There are 2 options for flying to Romania: Timișoara Airport and Bucharest airport.

For those who will arrive to Traian Vuia Timișoara Airport:

<http://aerotim.ro/index.php?pg=infozboruri>

From the airport you take Express bus (E4b), which makes connection from airport to central station. The price of one ticket is 2.5 lei (0.5 Euros). You need to buy the ticket from the cashier. Payment can be done either cash or with the card. In the airport hall you will find a currency exchange office.

From Timișoara Central station (Timișoara Nord) you take the train to Drobeta Turnu Severin. Here is the link to departing time from Timișoara.

<http://mersultrenurilorcfr.ro/imitif/PleSos.aspx?key=czzKim+hpfo3EQ6K848jVOSgVLIbxRsqst/WsPmrRb4QKyL8k/oGvzWSr8pHUJmFktGhk3e5EESJvVpmKScXXidYtbrbEfd3&Ing=ro>

The hotel is close to the station, 10 minute walk maximum.

For those who will arrive to Otopeni Bucharest Airport:

Take bus Express 780 to the Central station (Gara de Nord). There is a bus approximately every 40 minutes, from 5 am to 11 pm. The price of a ticket round way is 9 lei (2 Euro).

From the Central Station, take the train to Drobeta Turnu Severin.

<http://mersultrenurilorcfr.ro/imitif/PleSos.aspx?key=czzKim+hpfo3EQ6K848jVOSgVLIbxRsqst/WsPmrRb4QKyL8k/oGvzWSr8pHUJmFktGhk3e5EESJvVpmKScXXidYtbrbEfd3&Ing=ro>

The round way train ticket is around 35 Euros.

Departure:

Here you find attached the departure time from Drobeta Turnu Severin to București by train.

<http://mersultrenurilorcfr.ro/imitif/PleSos.aspx?key=czzKim+hpfo3EQ6K848jVOSgVLIbxRsqst/WsPmrRb4QKyL8k/oGvzWSr8pHUJmFktGhk3e5EESJvVpmKScXXidYtbrbEfd3&Ing=ro>

In case the groups will arrive at approximately the same time, we will organize a private transport from the airport to the venue of the activities. The cost is 150 lei, quite expensive, but way more comfortable for the participants.

We strongly recommend you to check with the organizers the travel option you choose. Please note that the organizers will not cover any accommodation and food costs outside the project dates.

Please, check the **validity of the IDs/passports** before the departure.

TRAVEL COSTS:

The organizers will reimburse the transport expenses, according with the distance bands, after the mobility.

Participants will be reimbursed by bank transfer shortly after their return home upon presenting original tickets, invoices and boarding passes.

- Please note that travel costs of the participants should **not exceed the travel budget limits**, which was approved by the Executive agency. Please refer to the table below for travel **budget limits** for each partner organization.
- Reimbursement of travel costs will be done upon presentation of **all** (including return tickets) **original tickets, receipts/invoices and boarding passes**. Name of the passenger, price, currency, date of purchase should be clearly **visible** in all

documents to be considered for reimbursement. Please remember to bring the original invoice – there will be no reimbursement without the original invoice.

- **If a participant is planning to arrive early or depart**, please consult with us prior to booking the tickets to make sure it is in the limits of the funder's requirements, otherwise we may not be able to provide full reimbursement. Usually one day before and one day after the event is acceptable.
- Participants **planning to travel from/to another country other than the one they represent in the YE** need to check with us prior to the training course, as otherwise we may not be able to reimburse their travel costs.
- **Reimbursement transferred by bank account will be done in EUR** regardless of the currency indicated on your ticket, receipt or invoice. Any ticket purchased in local currency other than EUR will be converted and calculated according to the exchange rate of the day the contract was signed when the ticket was purchased according to official European Commission website <http://ec.europa.eu/budget/inforeuro/index.cfm?Language=en>
- We strongly advise you to make copies of your tickets and invoices before you will come to the training and send all your travel original documents to youthopolis.ro@gmail.com

INSURANCE

Participants/partners are responsible for organizing the health insurance. The costs will not be reimbursed by the organizers.

TRAVEL COST LIMITS

Organization	Country	Number of participants	Maximum travel costs per person (100%)	Maximum travel costs per partners	Distance band
Asociatia Youthopolis	Romania	7	0	0	0-90 km
FONDAZIONE ISTITUTO MORCELLIANO	Italy	7	275 €	1925 €	500-1999 km
Stichting CAAT Projects	The Netherlands	7	275 €	1925 €	500-1999 km
Together Macedonia	Macedonia	7	180 €	1260 €	100-499 km
Młodzieżowy Ośrodek Socjoterapii nr 2 KĄT	Poland	7	275 €	1925 €	500-1999 km

ACCOMMODATION AND FOOD:

Participants will be accommodated in Continental Parc Hotel

Address: Bulevardul Carol 2, Drobeta-Turnu Severin 220111, Romania

Organizers will provide participants with three times food per day and two coffee breaks.

COMMUNICATION

Internet Access: There will be internet available in the hotel through wireless network.

WEATHER:

The weather in March can be cold at night and warmer during the day. Make sure you take both light and warm clothes. You can check the forecast following this link:

[HTTPS://WWW.ACCUWEATHER.COM/RO/RO/DROBETA-TURNU-SEVERIN/274675/MARCH-WEATHER/274675](https://www.accuweather.com/ro/ro/drobeta-turnu-severin/274675/march-weather/274675)

CHECKLIST/WHAT TO BRING

- Flyers, brochures, promotional materials, publications, photos, etc. to represent your organization/country/culture. Due to time restrictions power point presentations will not be presented.
- Food, drinks, national items, music, etc. from your country for the intercultural evening.
- All tickets, invoices and boarding passes related to your travel reimbursement.
- Medications you regularly use.

ROMANIA:

Time zone: 2 hours +GMT/UTC

MONEY

The Romanian Currency is called LEU.

Approximate exchange rate is:

1 EUR = 4.6 Lei

CONTACTS:

If you need help, have questions or need further information please contact:

Adina Stoleriu Mobile: +400773852997 Email: adinalstoleriu@gmail.com or youthopolis.ro@gmail.com

SEE YOU IN ROMANIA!